

LUNCH MENU

**Tel:** 781-235-5322 **E-mail:** cafemangal@comcast.net **Website:** [www.cafemangal.com](http://www.cafemangal.com)

\* Lunch indoor & outdoor seating, take-out (lunch & dinner),

 curbside pick-up & online ordering is available!

Café Mangal is also available for your special events: Please contact us!

*\*Seasonal outdoor seating available at Town’s Parkland Area behind our building!*

# SANDWICHES

**Grilled VEGETARIAN Sandwich:**

Sun Dried Tomatoes, Roasted Red Peppers, Muenster Cheese, Roasted Eggplant **14.75**

Basil Mayonnaise on Multi Grain Roll

**Smoked TURKEY Breast Sandwich:**

Sliced Turkey, Ranch Dressing, Sprouts, Tomatoes & Sweet Pickle Chips on Multi Grain **14.75**

 **Small Turkey Sandwich 10.75**

**White Meat CHICKEN Breast Sandwich:**

Sliced Chicken, Honey Mustard Dressing, Tomatoes, Lettuce & Parsley on Multi Grain **14.75**

**HAM Sandwich:**

Muenster Cheese, Sprouts, Tomatoes, Sweet Pickle Chips, Honey Mustard Aioli on Multi Grain **14.75**

 **Small Ham Sandwich 10.75**

**Chicken & Mozzarella Panini:**

Chicken Breast Slices, Fresh Mozzarella, Roasted Red Peppers with Oregano and Basil Pesto **15.75**

**Turkey Breast Sandwich with Turkish Kaser Cheese: 15.75** Sliced Turkey, Kaser Cheese, Mesclun & Lettuce, tomato, red peppers and honey mustard aioli

 **Small Turkey Kaser Sandwich 10.75**

**YENGEN Sandwich (Our Specialty):**

Grilled w/Turkish Soujouk [Beef Pepperoni], Tomatoes, Kaser Cheese on White Toast Bread **12.25** \*without Soujouk: **11.25**

**White Albacore TUNA Sandwich:**

Celery, Sprouts, Shredded Carrots, Lite Mayonnaise on Multi Grain Bread  **14.75**

 **Small Tuna Sandwich 10.75**

**Grilled HAM Sandwich:** **15.75**

Sliced Ham, Fresh Mozzarella, Sun Dried Tomatoes, Green Beans & Basil Mayonnaise

**Smoked SALMON Sandwich:**

Smoked Salmon on a Roll, Jalapeno Cream Cheese, Red Onion Confit, Olive Paste & Capers **15.75**

 **Small Salmon Sandwich 11.25**

**Tomato– MOZZARELLA Sandwich:**

Tomatoes, Fresh Mozzarella, Olives, Fresh Basil, Oregano and Olive Oil on French roll **14.75 Small Tomato & Mozzarella Sandwich 10.75**

 \* with **Italian Prosciutto di Parma**: **16.75**

 **Small Prosciutto & Mozzarella Sandwich 11.25**

**Aegean style FETA Cheese Sandwich (Our Specialty):**

Feta Cheese, Tomatoes, Cucumber, Green Peppers, Olives, Lettuce, Oregano, Olive Oil **14.75**

 **Small Feta Sandwich 10.75**

**CHICKEN Tomato – Panini 15.75**

Sliced Chicken Breast, Mozzarella, Green Beans, Tomatoes, Basil Pesto Mayonnaise, on French Roll

**Warm Goat Cheese & Vegetable Sandwich: 15.75**

Goat Cheese, Roasted Eggplant, Tomatoes, Red Peppers, Low Fat Red Wine Dressing,

Olive Oil & Oregano on a French Roll

**Roast Beef Sandwich: 16.75**

Sliced Roast Beef, Avocado, Muenster Cheese, Red Onion, Tomatoes, Ranch Dressing

**Toasted White Albacore Tuna Sandwich: 15.75**

Muenster Cheese, Red Onion, Capers, Tomatoes and Lettuce on Multi Grain sliced bread

 **Small Toasted Tuna Sandwich 11.25**

**Warm Peanut Butter & Banana Sandwich:** With chocolate sauce **9.50**

SALADS

**Shepherd Salad:**   **15.25**

Mesclun Mix, Diced Cucumber & Tomato, Parsley and Croutons, Olive Oil

**- Additions:** \*Grilled Chicken Breast:+ 5.50/+3.50 \*Vermont Goat Cheese:+ 3.50/+2.00

 \*Kalamata Olives: + 2.50/1.50 \* Avocado: + 3.00/+1.75 \* Eggplant: + 2.50/+1.75 \* Chickpeas: + 1.75

 **Small Shepherd Salad 12.25**

**- Half Additions:** \*Grilled Chicken Breast:+ 3.50 \*Vermont Goat Cheese:+ 2.00 \*Kalamata Olives: + 1.50

**Avocado Tuna Salad: 18.75**

Mesclun Mix, Fresh Avocado, White Albacore Tuna, Celery, Carrots, Red Onion, Capers,

Sprouts Olive Oil & House Vinaigrette

 **Small Avocado Tuna Salad 14.75**

**Arugula Salad with Poached Figs & Prosciutto di Parma: 18.25**

Baby Arugula, Poached Dry Figs, Prosciutto di Parma, Roasted Almonds & Balsamic Vinaigrette

 \*with Vermont Goat Cheese:  **21.75**

 **Small Arugula & Prosciutto Salad 14.75**

**Mozzarella-Tomato Salad:**   **17.75**

Mesclun Mix, Fresh Mozzarella, Roasted Red Peppers, Olive Oil & House Vinaigrette

 **Small Mozzarella Salad 14.25**

**Salad Nicoise:**   **17.75**

“White Albacore Tuna”, Mesclun Mix, French Green Beans, Diced Cucumbers, Tomatoes,

Green Pepper, Olives and House Vinaigrette

 **Small Nicoise Salad 14.25**

**Prosciutto di Parma & Tomato Mozzarella- Salad: 18.75**

Mesclun Mix, Fresh Mozzarella, Tomato, Thinly Sliced Prosciutto, Fresh Basil,

Oregano, Olive Oil, House Vinaigrette and Balsamic Vinegar

 **Small Prosciutto & Mozzarella Salad 14.75**

**Smoked SALMON Salad:**   **18.25**

Mesclun Mix, Diced Cucumbers & Tomatoes, Caper & Onions, Lemon, House Vinaigrette

 **Small Salmon Salad 14.75**

**Pear and Goat Cheese Salad: 17.75**

Mesclun Mix, Pears, Goat Cheese, Toasted Pumpkin Seeds with Honey Mustard

and House Vinaigrette Dressing

 **Small Pear Salad 14.25**

**Mediterranean Salad:** **18.25**

Mesclun Mix , Feta Cheese, Onions, Tomatoes, Cucumbers, Green Peppers and Corn Niblet

 **Small Mediterranean Salad 14.75**

**Daily Soup**

**Cup:** **6.25** **Bowl:** **7.70**

*Small Sandwich & Soup--- 16.50 Small Salad & Soup --- 18.50 & 20.50*

**Our Specialties:**

**Turkish Lahmacun, Mangal Style: (served with side salad) $ 17.75**

Thin dough spread with ground beef &lamb with tomatoes, onions, peppers, and spices

**Homemade Turkish Borek: (served with side salad)** **$ 16.75**

Baked pastry layers filled with feta cheese and parsley, with a side of Turkish salad

    



**\*Consuming raw or under cook items such as meats, poultry, shellfish or eggs may increase your risk of food borne illness.**

 **All ingredients may not be listed on the menu. Please inform us if you have any food allergies.**