



## LUNCH MENU

**Tel:** 781-235-5322 **E-mail:** [cafemangal@comcast.net](mailto:cafemangal@comcast.net) **Website:** [www.cafemangal.com](http://www.cafemangal.com)

\* Lunch indoor & outdoor seating, take-out (lunch & dinner),  
curbside pick-up & online ordering is available!

Café Mangal is also available for your special events: Please contact us!

*\*Seasonal outdoor seating available on the side street (Grove St.) by the post office*

### SANDWICHES

#### Grilled VEGETARIAN Sandwich:

Sun Dried Tomatoes, Roasted Red Peppers, Muenster Cheese, Roasted Eggplant **18.75**  
Basil Mayonnaise on Multi Grain Roll

#### Smoked TURKEY Breast Sandwich:

Sliced Turkey, Ranch Dressing, Sprouts, Tomatoes & Sweet Pickle Chips on Multi Grain **18.25**  
**Small Turkey Sandwich 13.75**

#### White Meat CHICKEN Breast Sandwich:

Sliced Chicken, Honey Mustard Dressing, Tomatoes, Lettuce & Parsley on Multi Grain **18.75**

#### HAM Sandwich:

Muenster Cheese, Sprouts, Tomatoes, Sweet Pickle Chips, Honey Mustard Aioli on Multi Grain **18.25**  
**Small Ham Sandwich 13.75**

#### Chicken & Mozzarella Panini:

Chicken Breast Slices, Fresh Mozzarella, Roasted Red Peppers with Oregano and Basil Pesto **19.50**

#### Turkey Breast Sandwich with Turkish Kaser Cheese:

Sliced Turkey, Kaser Cheese, Mesclun & Lettuce, Tomato, Red Peppers and Honey Mustard Aioli **19.50**  
**Small Turkey Kaser Sandwich 14.75**

#### YENGEN Sandwich (Our Specialty):

Grilled w/Turkish Soujouk [Beef Pepperoni], Tomatoes, Kaser Cheese on White Toast Bread **17.00**  
\*without Soujouk: **16.00**

#### White Albacore TUNA Sandwich:

Celery, Sprouts, Shredded Carrots, Lite Mayonnaise on Multi Grain Bread **18.25**  
**Small Tuna Sandwich 13.75**

#### Grilled HAM Sandwich:

Sliced Ham, Fresh Mozzarella, Sun Dried Tomatoes, Green Beans & Basil Mayonnaise **19.50**

#### Smoked SALMON Sandwich:

Smoked Salmon on a Roll, Jalapeno Cream Cheese, Red Onion Confit, Olive Paste & Capers **20.50**  
**Small Salmon Sandwich 14.75**

#### Tomato- MOZZARELLA Sandwich:

Tomatoes, Fresh Mozzarella, Olives, Fresh Basil, Oregano and Olive Oil on French roll **18.25**  
**Small Tomato & Mozzarella Sandwich 13.75**  
\* with **Italian Prosciutto di Parma:** **20.50**  
**Small Prosciutto & Mozzarella Sandwich 14.75**

#### Aegean style FETA Cheese Sandwich (Our Specialty):

Feta Cheese, Tomatoes, Cucumber, Green Peppers, Olives, Lettuce, Oregano, Olive Oil **18.25**  
**Small Feta Sandwich 13.75**

#### CHICKEN Tomato – Panini

Sliced Chicken Breast, Mozzarella, Green Beans, Tomatoes, Basil Pesto Mayonnaise, on French Roll **19.50**

#### Warm Goat Cheese & Vegetable Sandwich:

Goat Cheese, Roasted Eggplant, Tomatoes, Red Peppers, Low Fat Red Wine Dressing,  
Olive Oil & Oregano on a French Roll **19.50**

#### Roast Beef Sandwich:

Sliced Roast Beef, Avocado, Muenster Cheese, Red Onion, Tomatoes, Ranch Dressing **20.50**

#### Toasted White Albacore Tuna Sandwich:

Muenster Cheese, Red Onion, Capers, Tomatoes and Lettuce on Multi Grain sliced bread **19.50**  
**Small Toasted Tuna Sandwich 14.75**

Warm Peanut Butter & Banana Sandwich: With chocolate sauce **13.50**

## SALADS

<b><u>Shepherd Salad:</u></b>	<b>18.50</b>
Mesclun Mix, Diced Cucumber & Tomato, Parsley and Croutons, Olive Oil & House Vinaigrette	
- <b>Additions:</b> <i>Full &amp; Half:</i> *Grilled Chicken Breast:+ 6/+4      *Vermont Goat Cheese:+ 3.50/+2.00 * Tuna Mix: + 5/+ 2.5      *Kalamata Olives: + 2.50/1.50      * Avocado: + 3.50/+2 * Eggplant: + 3/+2      * Chickpeas: + 1.75	
<b>Small Shepherd Salad</b>	<b>15.50</b>
<b><u>Avocado Tuna Salad:</u></b>	<b>22.75</b>
Mesclun Mix, Fresh Avocado, White Albacore Tuna, Celery, Carrots, Red Onion, Capers, Sprouts Olive Oil & House Vinaigrette	
<b>Small Avocado Tuna Salad</b>	<b>18.75</b>
<b><u>Arugula Salad with Poached Figs &amp; Prosciutto di Parma:</u></b>	<b>22.75</b>
Baby Arugula, Poached Dry Figs, Prosciutto di Parma, Roasted Almonds & Balsamic Vinaigrette	
*with Vermont Goat Cheese:	<b>26.00</b>
<b>Small Arugula &amp; Prosciutto Salad</b>	<b>18.75</b>
<b><u>Mozzarella-Tomato Salad:</u></b>	<b>21.50</b>
Mesclun Mix, Fresh Mozzarella, Roasted Red Peppers, Olive Oil & House Vinaigrette	
<b>Small Mozzarella Salad</b>	<b>17.50</b>
<b><u>Salad Nicoise:</u></b>	<b>21.50</b>
“White Albacore Tuna”, Mesclun Mix, French Green Beans, Diced Cucumbers, Tomatoes, Green Pepper, Olives and House Vinaigrette	
<b>Small Nicoise Salad</b>	<b>17.50</b>
<b><u>Prosciutto di Parma &amp; Tomato Mozzarella- Salad:</u></b>	<b>22.75</b>
Mesclun Mix, Fresh Mozzarella, Tomato, Thinly Sliced Prosciutto, Fresh Basil, Oregano, Olive Oil, House Vinaigrette and Balsamic Vinegar	
<b>Small Prosciutto &amp; Mozzarella Salad</b>	<b>18.75</b>
<b><u>Smoked SALMON Salad:</u></b>	<b>22.75</b>
Mesclun Mix, Diced Cucumbers & Tomatoes, Caper & Onions, Lemon, House Vinaigrette	
<b>Small Salmon Salad</b>	<b>18.75</b>
<b><u>Pear and Goat Cheese Salad:</u></b>	<b>21.50</b>
Mesclun Mix, Pears, Goat Cheese, Toasted Pumpkin Seeds with Honey Mustard and House Vinaigrette Dressing	
<b>Small Pear Salad</b>	<b>17.50</b>
<b><u>Mediterranean Salad:</u></b>	<b>22.25</b>
Mesclun Mix , Feta Cheese, Onions, Tomatoes, Cucumbers, Green Peppers and Corn Niblet	
<b>Small Mediterranean Salad</b>	<b>18.75</b>
<b><u>Humus Salad:</u></b>	<b>21.75</b>
Mesclun Mix , Cucumber, Tomato, Eggplant, Red Peppers Sun dried Tomato, pita, House Vinaigrette	

## Daily Soup

**Cup: 8.50**

**Bowl: 9.75**

*Small Sandwich & Soup--- 20.75*

*Small Salad & Soup --- 22.50 & 24.50*

## Our Specialties:

<b><u>Turkish Lahmacun, Mangal Style:</u></b> (served with side salad)	<b>\$ 21</b>
Thin dough spread with ground beef &lamb with tomatoes, onions, peppers, and spices	
<b><u>Homemade Turkish Borek:</u></b> (served with side salad)	<b>\$ 20</b>
Baked pastry layers filled with feta cheese and parsley, with a side of Turkish salad	



\*Consuming raw or under cook items such as meats, poultry, shellfish or eggs may increase your risk of food borne illness. All ingredients may not be listed on the menu. Please inform us if you have any food allergies.

\*Olives may not be pitted! They might have pits!

\*Most of our sandwiches have our house vinaigrette dressing!